

#### **WHEALTH AFFAIRS INSTITUTE**



# MATCHING NEEDS TO RESOURCES

Mountain State Assessment of Trends in Community Health



Angela Dyer, PhD, MSPH Research Associate WVU Health Affairs Institute

Christina Mullins, MA
Deputy Secretary of Mental Health
& Substance Use Disorders, DHHR

#### Disclosures

No relevant financial relationships with any commercial interests.

# Why?

- County mental and behavioral health population-level data in WV are scarce
- Data are needed to address health challenges and program improvement across WV



## Purpose



In partnership with WV DHHR and WVU Health Affairs Institute

- WV Department of Health and Human Resources and WVU
  Health Affairs Institute partnered to form the Mountain State
  Assessment of Trends in Community Health (MATCH)
- MATCH goals:
  - To better understand the health of West Virginians
  - Match community health needs with resources specifically designed to meet those needs

**MATCH Survey** 

- Cross-sectional
- Population-based
- Biennial
- Multi-mode



# **Survey Development**

- MATCH Topics (104 questions)
  - Health status and behaviors
  - Illicit drug use
  - Mental health
  - Social determinants of health
  - COVID-19



### First Survey Fielding

- August 2021 February 2022
- 88,004 WV adult residents were randomly selected.



#### **Data Collection**







**WEB-BASED** 

**PAPER** 

**TELEPHONE** 

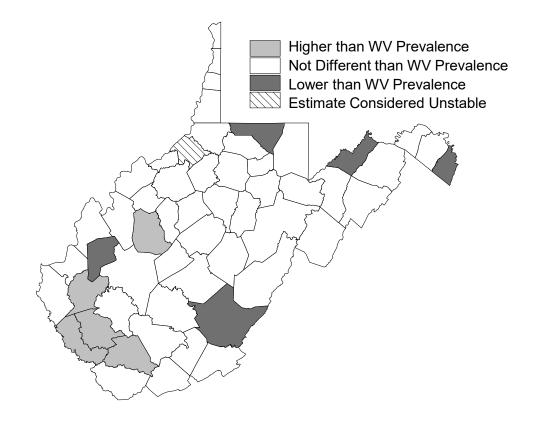
# **2021 - 2022 Survey Results**

- 16,185 completed surveys
- Representative findings from all 55 WV counties
- 20% response rate<sup>1</sup>
- What did West Virginians say about their health and behaviors?

<sup>1</sup> The American Association for Public Opinion Research, 2016

#### **Tobacco**

- 20.6% of WV adults reported cigarette use.
  - Higher than 2021 national estimate (14.4%)<sup>2</sup>
  - Higher prevalence compared to state estimate in five counties



<sup>2</sup> Centers for Disease Control and Prevention, 2021



#### Alcohol

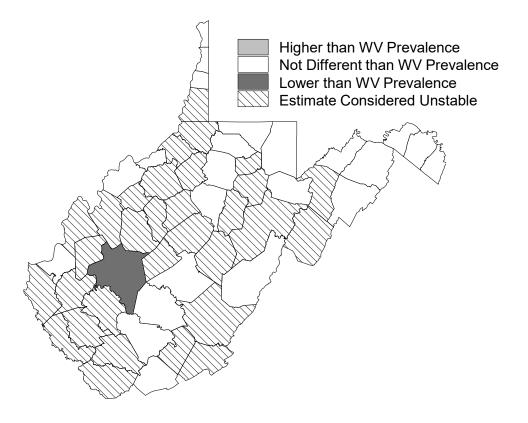
- 66.7% of WV adults reported not drinking any alcohol in the past month
  - Higher than
     2021 national estimate of
     48.3%<sup>3</sup>



<sup>3</sup> U.S. Department of Health and Human Services; NSDUH, 2021

#### Alcohol

- 6.9% of WV adults reported heavy drinking in the past month.
  - Higher than the 2021
     national estimate of 6.3%<sup>4</sup>
  - Lower prevalence compared to state estimate in one county

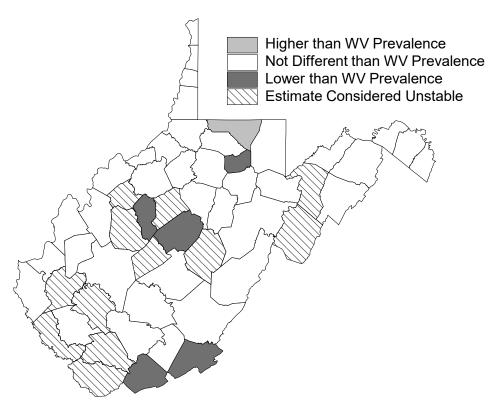


<sup>4</sup> Centers for Disease Control and Prevention, 2021



#### Alcohol

- 16.0% of WV adults reported binge drinking in the past month.
  - Higher than the 2021 national prevalence of 15.4%<sup>5</sup>
  - Lower prevalence compared to state estimate in five counties

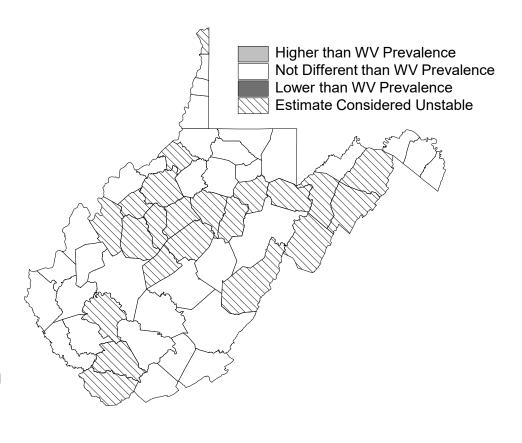


<sup>5</sup> Centers for Disease Control and Prevention, 2021



### **Opioid Use**

- 8.3% of WV adults reported using prescription opioids in the past year.
- Counties' opioid use rates were similar to the state estimate.
  - Of those using prescription opioids, 9.3% did not use them as prescribed.



#### Illicit Substance Use

#### Overdose

 3.2% of WV adults reported ever overdosing.

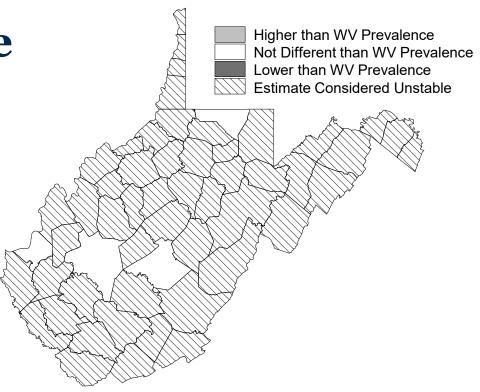
#### Naloxone

 Among those who ever overdosed, 38.4% received naloxone



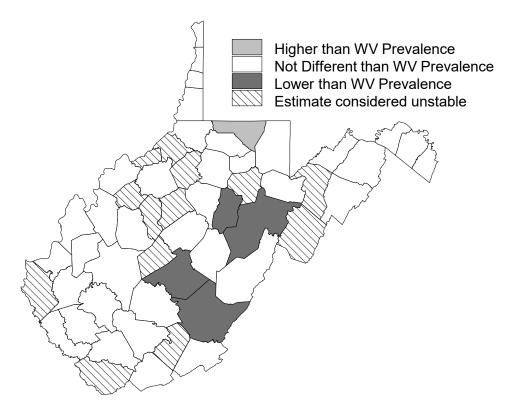
#### Illicit Substance Use

- 2.5% of WV adults reported using, methamphetamine, cocaine, heroin, or MDMA in the past year.
  - Counties' use rates were similar to the state estimate.



## Marijuana

- 13.0% of WV adults reported using marijuana in the past year.
  - Lower than 2021 national estimate of 19.6%<sup>6</sup>
  - Lower prevalence compared to state estimate in four counties

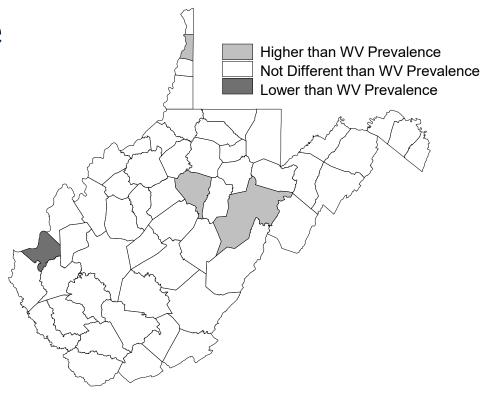


<sup>6</sup> U.S. Department of Health and Human Services; NSDUH, 2021



No Substance Use

- 74.1% of WV adults reported no substance use in the past year.
  - Lower than
     2021 national estimate
     of 77.3%<sup>7</sup>
  - Higher prevalence compared to state estimate in three counties



<sup>7</sup> U.S. Department of Health and Human Services; NSDUH, 2021









Scan the code to view the MATCH Data Explorer



# How can you use the data?

- Program evaluation
- Grant writing
- Policymaking
- Data-driven decision making for resource allocation



# What's next

- The 2023 MATCH is currently in the field.
- Outreach tailored to the difficult-to-reach subpopulations in WV.

Follow WVU Health Affairs Institute:







healthaffairsinstitute.org

# Thank You!

Take the MATCH Survey and be a MATCH Ambassador!

WVMATCHSurvey.org

healthaffairsinstitute.org